

November

Monday, Nov. 2nd

Golden Grahams, Applesauce

Sn: Raisins, Goldfish

Tod: Goldfish, Juice

Veggie Burger on Bun, Peas, Applesauce

Sn: Pita Chips, Cheese Cubes

Tuesday, Nov. 3rd

Apple Spice Bread, Pineapple

Sn: Rice Cakes, Milk

Veggie Chicken w/ Gravy, Mashed Potatoes, Carrots, Dinner Roll, Pineapple

Sn: Apple Crisp

Wednesday, Nov. 4th

Whole Wheat French Toast Stix, Pears

Sn: Bananas, Cheerios

Cheese Ravioli, Green Beans, Pears

Sn: Popcorn, juice

Thursday, Nov. 5th

Hashbrown Casserole, Fruit Mix

Sn: Carrot Stix w/Ranch

(Shredded for Tods)

Veggie Chicken Noodle Soup, California Blend Veggies, Fruit Mix

Sn: Graham Crackers, Milk

Friday, Nov. 6th

Yogurt w/Rice Krispies, Peaches

Sn: Orange Slices, String Cheese

Fettuccini Alfredo, Broccoli, Peaches

Sn: Ranch Oyster Crackers, Juice

Monday, Nov 9th

Life Cereal, Peaches

Sn: Veggie Straws, Juice

Cheese Quesadillas, Green Beans, Peaches

Sn: Cheese-itz

Tuesday, Nov. 10th

Banana bread, Pineapple

Sn: Grapes, Yogurt

Tods: Fruit, Yogurt

Cheese Sandwich, Cheesy

Potato Soup, Pineapple

Sn: Apple Crisp

Wednesday, Nov. 11th

Cinnamon Rolls, Pears

Sn: Pita Chips, Cheese Cubes

Avantis Day

Sn: Trail Mix, Juice

Thursday, Nov. 12th

Egg & Cheese Casserole, Mandarin Oranges

Sn: Soft Baked Pretzels w/ Cheese

Veggie Chicken Patty on Bun, Corn, Mandarin Oranges

Sn: Chips, Salsa

Friday, Nov. 13th

Oatmeal w/Apples, Butter Toast, Fruit Mix

Sn: Carrot Stix w/Ranch (Shredded for Tods)

Mac & Cheese, Peas, Fruit Mix

Sn: Cinnamon Apples, Graham Crackers



Monday, Nov. 16th

Apple Cinnamon Cheerios,
Peaches

Sn: Raisins, Goldfish

Tod: Goldfish, Juice

Grilled Cheese Sandwich,
Veggie Chili, Peaches

Sn: Nutrigrain Bar

Tuesday, Nov. 17th

Pumpkin Spice Bread,
Pineapple

Sn: Cucumbers w/Ranch

Veggie Chicken Nuggets,
Mashed Potatoes, Carrots,
Pineapple

Sn: Cheese Ritz-Bitz

Wednesday, Nov. 18th

Whole Wheat French Toast
Stix, Pears

Sn: Ranch Veggie Straws,
Juice

Veggie Pizza Pasta, Green
Beans, Pears

Sn: Popcorn, Juice

Tod: Puff Corn, Juice

Thursday, Nov. 19th

Bagels w/Cream Cheese,
Applesauce

Sn: Orange Slices, String
Cheese

Veggie Sloppy Joe on Bun,
Tater Tots, Corn, Applesauce

Sn: Gogurt, Club Crackers

Friday, Nov. 20th

Cinnamon Toast, Fruit Mix

Sn: Apple Slices, Sun Butter

Fish Shapes, Peas, Fruit Mix

Sn: Oreo Crisps, Milk

Monday, Nov. 23rd

Rice Krispies, Peaches

Sn: Ritz Crackers, Cheese

Slices

Grilled Cheese Sandwich,
Tomato Soup, Peaches

Sn: Elf Grahams, Milk

Tuesday, Nov. 24th

Blueberry bread, Pears

Sn: Carrot Stix w/Ranch

(Shredded for Tods)

Veggie Chicken Patty, Peas,
Breadstix, Pears

Sn: Peach Crisp

Wednesday, Nov. 25th

Pancakes, Applesauce

Sn: Grapes, Yogurt

Tods: Fruit, Yogurt

Mini Veggie Corndogs, Carrots,
Applesauce

Sn: Cheese-its

Thursday, Nov. 26th



Friday, Nov. 27th

Monday, Nov. 30th

Kix, Mandarin Oranges

Sn: Fruit Smoothies, Club
Crackers

Veggie Hotdog on Bun (Mini
Corndog for Tods), Veggie
Baked Beans, Mandarin
Oranges

Sn: Nutrigrain Bar

Did You Know...

The first Thanksgiving was celebrated in 1621. Turkey wasn't even on the menu! A typical Thanksgiving feast included: Duck or goose, venison, clams, berries, fruit, pumpkins and squash. I am thankful for pumpkin pie!

