

September

Tuesday, Sept. 1st

**Blueberry Bread,
Mandarin Oranges**
Sn: Grapes, Yogurt
**Scalloped Potatoes,
Peas, Mandarin Oranges**
Sn: Rice Cakes, Juice

Wednesday, Sept. 2nd

**Whole Wheat French Toast
Sticks, Peaches**
Sn: Soft Baked Pretzels w/
Cheese
**Nachos w/ Cheese,
Corn, Peaches**
Sn: Watermelon, Cheerios

Thursday, Sept. 3rd

**Cheese and egg Cass, Tropical
Fruit Mix**
Sn: Cucumber Slices w/
Ranch (peeled for toddlers)
**Veggie Chicken Patty on Bun,
Diced Carrots, Tropical Fruit
Mix**
Sn: Popcorn, Juice
Tod: Puff Corn, Juice

Friday, Sept. 4th

**Biscuits and Gravy,
Pineapple**
Sn: Apple Slices w/ Soy
Butter
**Fettuccini Alfredo,
Broccoli, Pineapple**
Sn: Oreo Crisps, Milk

Monday, Sept 7th

LABOR DAY



Tuesday, Sept. 8th

Lemon Bread, Pineapple
Sn: Orange Slices, Saline
Crackers
**Cottage Cheese, Fresh
Veggie Mix w/Ranch,
Garlic Breadstick,
Pineapple**
Sn: Graham Crackers,
Milk

Wednesday, Sept. 9th

Pancakes, Applesauce
Sn: Goldfish, Raisins
Tod: Goldfish, Juice
Avantis Day
Sn: Honey Dew, Pretzels

Thursday, Sept. 10th

**English Muffin w/
Grape Jelly, Pears**
Sn: Celery w/ Soy Butter
**Veg Meatballs, Buttered
Noodles, Peas, Pears**
Sn: Cheez-its, Juice

Friday, Sept. 11th

**Yogurt w/ Rice Krispies,
Peaches**
Sn: Bananas, Cheerios
**Veg Chicken Salad, Pita
Chips, Carrots Stix w/
Ranch, peaches**
Sn: Elf Grahams, Milk

Monday, Sept. 14th

Tuesday, Sept. 15th

Wednesday, Sept. 16th

Thursday, Sept 17th

Friday, Sept. 18th

Cheerios, Applesauce

Sn: Orange Slices,
Saltines

**Veg Chicken Nuggets,
Corn, Mashed Potatoes,
Applesauce**

Sn: Animal Crackers,
Milk

**Cinnamon Bread,
Pineapple**

Sn: Grapes, Yogurt

**Pizza Pasta, Salad w/
Ranch, Pineapple**

Sn: Trail Mix, Juice

Hashbrown Cass, Peaches

Sn: Soft Baked Pretzels
w/ Cheese

**Cheese Sandwich,
Cooked Carrots, Peaches**

Sn: Cantaloupe, Club
Crackers

Breakfast Burritos, Pears

Sn: Carrots w/ ranch

Tod: Shredded Carrots
w/ Ranch

**Veggie Chicken Broccoli
Cheese Casserole, Pears**

Sn: Chips, Salsa

**Bagels w/ Cream Cheese,
Apricots**

Sn: Apple Slices, String
Cheese

**Veggie Sloppy Joe on Bun,
Tater Tots, Green Beans,
Apricots**

Sn: Ice Cream Sandwiches,

Monday, Sept. 21st

Tuesday, Sept. 22nd

Wednesday, Sept. 23rd

Thursday, Sept. 24th

Friday, Sept. 25th

Life Cereal, Applesauce

Sn: Cottage Cheese,
Saltine Crackers

**Veggie Chicken Patty on
Bun, Green Beans,
Applesauce**

Sn: Watermelon, Cheerios

Peach Bread, Apricots

Sn: Celery w/ Hummus

**Spaghetti w/ Marinara
Sauce, Salad w/ Ranch,
Apricots**

Sn: Veggie Straws, Juice

**Cinnamon Toast,
Mandarin Oranges**

Sn: Graham Crackers,
Milk

**Cheese Quesadilla, Corn,
Mandarin Oranges**

Sn: Honey Dew, Pretzels

**Egg Patty on English
Muffin, Peaches**

Sn: Cucumber w/ Ranch
(peeled for toddlers)

**Veggie Chicken, Ranch
Potatoes, Peas, Peaches,
Dinner Roll**

Sn: Popcorn, Juice

Tod: Puff Corn, Juice

Cinnamon Roll, Pears

Sn: Apple Slices, String
Cheese

**Veggie Cheeseburger
Mac, California Blend
Veggies, Pears**

Sn: Chocolate Elf
Grahams, Milk

Monday, Sept. 28th

Tuesday, Sept. 29th

Wednesday, Sept 30th

**Golden Grahams,
Apricots**

Sn: Fruit Smoothies,
club crackers

**Veg Chicken Soft Tacos,
Green Beans, Apricots**

Sn: Nutrigrain Bar

**Apple Cinnamon Bread,
Pears**

Sn: Orange slices, String
Cheese

**Veggie Tater Tot Casserole,
Corn, Pears,**

Sn: Ritz Bitz

Waffles, Applesauce

Sn: Goldfish, Raisins

Tod : Goldfish, Juice

**Pizza, Salad w/ Ranch,
Applesauce**

Sn: Cantaloupe, Club
Crackers

Little Jewels is



Vegetarian Menu