NUT FREE

NOVEMBER

Vegetarian menu

November 2nd	November 3rd	November 4th	November 5th	November 6th
Golden Grahams, Pineapple	Butterscotch Bread, Pears	French Toast Stix, Applesauce	Omelets, Fruit Mix	Pancake & Veggie Sausage, Cinnamon Apples
Tomato Soup, Bosco Stix, Pineapple	Veggie Chicken Pot Pie Casserole, Biscuit, Pears	Veggie Ham Steaks, Mashed potatoes, Applesauce	Veggie Chicken Patty on Bun, Carrots, Fruit Mix	Mac & Cheese, Peas, Cinnamon Apples
Rice Cakes, Juice	Ritz Crackers, Cheese Slice	Bananas, Cheerios	Animal Crackers, Milk	Tortilla chips, Salsa
November 9th	**November 10th**	**November 11th**	**November 12th**	**November 13th**
Cheerios, Mandarin Oranges	Banana Bread w/mini choc chips, Peaches	Veggie Sausage Biscuit, Pineapple	Pancakes, Mixed Fruit	Cinnamon Roll, Pears
Cheesy Potato and Veggies Sausage Soup, Crackers, Mandarin Oranges	Veggie Chicken Nuggets, Green Beans, Peaches	Veggie Meatballs, Buttered Noodles, Carrots, Pineapple	Veggie Sloppy Joe on Bun, Tator tots, Mixed Fruit	Grilled Cheese Sandwich, Peas, Pears
Trail Mix, Juice	Bel-Vita Biscuits, Milk	Apple Slices, Cheese Cubes	Nutrigrain Bars, Juice	Popcorn/ puffed corn, Juice

Please note the following changes are made when needed for Infant and Toddler rooms:
Carrot Stix=Cooked Carrots Trail Mix=No Raisins, Chocolate Chips or Mini Marshmallows
Grapes= Substituted Fruit Popcorn=Puffed Corn Oranges/Pineapple=Non Citrus Fruit
****Foods are also cut into small, bite size pieces before being offered to the students.**

Treasures AfterSchool program by Little Jewels

Little Jewels Learning Center

Days outlined like this indicate Unit 5 and or District 87 schools will be present for meals.

Days outlined like this indicate District 87 only schools will be present for meals.

November 16th	November 17th	November 18th	November 19th	November 20th
Cornflakes, Peaches	Pumpkin Spice Bread, Pears	French Toast Stix, Applesauce	Biscuits & Veggie Gravy, Pineapple	Waffles, Fruit Mix
Vegetarian Chili, Cheese and Crackers, Peaches	Veggie Corndogs, green beans, Pears	Avanti's Bread, Veggie Grilled Chicken Strips, Applesauce	Veggie BBQ Rib on Bun, Carrots, Pineapple	Fish Shapes, Mixed Veggies, Fruit Mix
Graham Crackers, Milk	Goldfish, Juice	Grapes, Yogurt	Tortilla Chips, Salsa	Ranch Oyster Crackers, Juice
November 23rd	**November 24th**	**November 25th**	**November 26th**	**November 27th**
Kix, Pineapple	Apple Cinnamon Bread, Cinna Apples	Omelets, Peaches	Center Closed for the Thanksgiving Holiday	Center Closed for the Thanksgiving Holiday
Chickpea Noodle Soup, Grilled Cheese Sandwich, Pineapple	Taco Bowl, Corn, Cinnamon Apples	Vegan Turkey cutlet, Gravy, Mashed Potatoes, Peaches		
Chex Mix, Juice	Gogurt, Club Crackers	Bananas, Cheerios		
November 30th				
Fruit Whirls, Applesauce				
Veggie Noodle Soup, Sunbutter and Jelly Sandwich, Applesauce				
Veggie Straws, Juice				

Little Jewels Holiday Programs:
Saturday, December 5th
@ Central Catholic Highschool

See your center director for more information.

Mark your Calendars

