

July

regular menu

July 1st

Apple Spice Bread, Pears

Beef & Cheese Nachos, Corn, Pears

Diced Mango, Wheat Thins

July 2nd

Egg Bites, Peaches

Pancake & Sausage on a stick, Tator Tots, Peaches

Fig Bar

July 3rd

Bagels, Cream Cheese, Pineapple

Meatball Sub, Green Beans, Pineapple

Apple slices, String Cheese

July 4th

Center Closed for 4th of July

July 7th

Cornflakes, Applesauce

Turkey & Cheese Wrap, Carrot stix w/Ranch, Applesauce

Pretzel bites, Cheese Sauce

July 8th

Cinnamon Bread, Pineapple

Chicken Nuggets, Mashed Potatoes, Pineapple

Veggie Straws, Juice

July 9th

Whole Wheat French Toast Stix, Pears

Cheese Ravioli, Green Beans, Pears

Honeydew, Pretzels

July 10th

English muffin, Jelly, Peaches

Hamburger on Bun, Peas, Peaches

Veggie Chips

July 11th

Egg patty w/cheese, Bagel, Mandarin Oranges

Bosco Stix w/Marinara, Mixed Veggies, Mandarin Oranges

Watermelon, Cheerios



Please note the following changes are made when needed for Infant and Toddler rooms:
 Carrot Stix=Cooked Carrots Trail Mix=No Raisins, Chocolate Chips or Mini Marshmallows
 Grapes= Substituted Fruit Popcorn=Puffed Corn Oranges/Pineapple=Non Citrus Fruit
 **Foods are also cut into small, bite size pieces before being offered to the students.

July 14th

Apple Cinnamon
Cheerios, Pears

Chicken Ranch
Pita, Peas, Pears

Goldfish, Juice

July 15th

Blueberry Bread,
Peaches

Mini Corndogs, Green
Beans, Peaches

Grapes, Yogurt

July 16th

Waffles,
Applesauce

Avanti's Gondola,
Chips, Applesauce

Fig Bar

July 17th

Sausage Hashbrown
Casserole, Pineapple

Sloppy Joe on Bun,
Corn, Pineapple

Caramel Rice
Cakes, Juice

July 18th

Biscuits & Gravy,
Mixed Fruit

Mac & Cheese,
Carrots, Apricots

Trail Mix

July 21st

Golden Grahams,
Applesauce

Ham Sandwich,
Mixed Veggies,
Applesauce

Animal Crackers,
Milk

July 22nd

Banana Bread,
Mandarin Oranges

Chicken & Cheese
Quesadilla, Corn,
Mandarin Oranges

Tortilla Chips,
Salsa

July 23rd

English Muffin
w/Jelly, Pears

Spaghetti w/ Meat
Sauce, Peas, Pears

Go-gurt, Club
Crackers

July 24th

Pancakes,
Peaches

Chicken Patty on
Bun, Sliced
Cucumbers, Peaches

Orange Slices,
String Cheese

July 25th

Sausage Biscuit,
Bananas

Fish Shapes, Cooked
Carrots, Mixed Fruit

Popcorn, Juice

July 28th

Kix, Peaches

Bologna & Cheese
Sandwich, Shoe String
Potatoes, Peaches

Nutrigrain Bar

July 29th

Lemon Bread,
Applesauce

Chicken Nuggets,
Carrots, Applesauce

Bel-Vita Biscuits

July 30th

Egg and Cheese
Omelet, Pears

Mac & Cheese
Casserole, Green
Beans, Pears

Tiger Grahams,
Milk

July 31st

Waffles, Mandarin
Oranges

Hotdog on Bun, (mini
corndogs for Todds),
Baked Beans, Mandarin
Oranges

Cantaloupe, Club
Crackers

