## december

Vegetarian fall/winter

Dec 1<sup>st</sup>

Dec 2<sup>nd</sup>

Dec 3<sup>rd</sup>

Dec 4<sup>th</sup>

Dec 5<sup>th</sup>

Cornflakes,
Peaches

Pumpkin Spice Bread, Pears

French Toast Stix,
Applesauce

Biscuits & Gravy, Pineapple

Waffles, Fruit Mix

Vegetarian Chili, Cheese and Crackers, Peaches

Veggie Taco bowl, corn, Pears

Pizza Pasta, Salad w/dressing, Applesauce Veggie BBQ Rib on Bun, Carrots, Pineapple

Fish Shapes, Mixed Veggies, Fruit Mix

Graham Crackers, Milk

Goldfish, Juice

Grapes, Yogurt

Tortilla Chips, Salsa Ranch Oyster Crackers, Juice

Don't forget the holiday program will take place on Saturday, December 6<sup>th</sup>. See your center for more details.

Dec 8th

Dec 9th

Dec 10th

Dec 11th

Dec 12th

B Kix, Pineapple

Apple Cinnamon Bread, Cinnamon Apples

Omelets, Peaches

Pancakes, Pears

Sausage Hashbrown Casserole, Fruit Mix

Chickpea Noodle Soup, Grilled Cheese Sandwich, Pineapple Veggie Corndogs, Carrots and Cinnamon Apples

Vegan Turkey Cutlets, Gravy, Mashed Potatoes, Peaches

Veggie Meatball Sub, Corn, Pears

Fettuccini Alfredo, Broccoli, Fruit Mix

Chex Mix, Juice

Gogurt, Club Crackers

Bananas, Cheerios

Cheese-itz, Juice

Cook's Choice



Please note the following changes are made when needed for Infant and Toddler rooms:

Carrot Stix=Cooked Carrots Trail Mix=No Raisins, Chocolate Chips or Mini Marshmallows

Grapes= Substituted Fruit Popcorn=Puffed Corn Oranges/Pineapple=Non Citrus Fruit

\*\*Foods are also cut into small, bite size pieces before being offered to the students.



	B	Dec 15 <sup>th</sup> Fruit Whirls, Applesauce	Dec 16 <sup>th</sup> Gingerbread, Pears	Dec 17 <sup>th</sup> Biscuits & Gravy, Peaches	Dec 18 <sup>th</sup> Waffles, Mandarin Oranges	Dec 19 <sup>th</sup> Egg and Cheese Bagel, Fruit Mix
•	C	Veggie Noodle Soup, Sunbutter and Jelly Sandwich, Applesauce	Veggie Chicken Nuggets, Mashed Potatoes, Pears	Avanti's bread w/ grilled veggie chicken strips, Chips, Peaches	Veggie Burger w/cheese on Bun, Peas, Mandarin oranges	Cheese Pizza, salad w/dressing, Fruit Mix
	S	Veggie Straws, Juice	Nutrigrain Bar	Apple Slices, String Cheese	Popcorn/puffed corn, Juice	Bel-Vita Biscuits, Milk
		Dec 22 <sup>nd</sup>	Dec 23 <sup>rd</sup>	Dec 24 <sup>th</sup>	Dec 25 <sup>th</sup>	Dec 26 <sup>th</sup>
	B	Golden Grahams, Pineapple	Butterscotch Bread, Pears	French Toast Stix, Applesauce	Center	Pancake & Sausage on a stick, Cinnamon Apples
	0	Tomato Soup, Bosco Stix, Pineapple	Veggie Chicken Pot Pie Casserole, Biscuit, Pears	Veggie Ham Steak, Sweet mashed potatoes, Applesauce	Closed for Christmas	Mac & Cheese, Peas, Cinnamon Apples
	S	Rice Cakes, Juice	Ritz Crackers, Cheese Slice	Center closes @ 3:00pm (Grab n Go Snack)	Holiday.	Tortilla Chips, Salsa
		Dec 29 <sup>th</sup>	Dec 30 <sup>th</sup>	Dec 31 <sup>st</sup> ★		
	B	Cheerios, Mandarin Oranges	Banana Bread w/mini choc chips, Peaches	Sausage Biscuit, Pineapple	Little Jew	els will be
		Cheesy Potato and Veggie Sausage Soup, Crackers, Mandarin Oranges	Veggie Chicken Nuggets, Green Beans, Peaches	Veggie Meatballs, Buttered Noodles, Carrots, Pineapple	for the New Y	
	S	Trail Mix, Juice	Bel-vita Biscuits, Milk	Apple Slices, Cheese Cubes	Thursday	, January 1 <sup>st</sup>