

DECEMBER

Vegetarian
fall/winter

Dec 1st

Dec 2nd

Dec 3rd

Dec 4th

Dec 5th

B

Cornflakes,
Peaches

Pumpkin Spice
Bread, Pears

French Toast Stix,
Applesauce

Biscuits & Gravy,
Pineapple

Waffles, Fruit Mix

L

Vegetarian Chili,
Cheese and Crackers,
Peaches

Veggie Taco bowl,
corn, Pears

Pizza Pasta, Salad
w/dressing,
Applesauce

Veggie BBQ Rib on
Bun, Carrots,
Pineapple

Fish Shapes, Mixed
Veggies, Fruit Mix

S

Graham Crackers,
Milk

Goldfish, Juice

Grapes, Yogurt

Tortilla Chips,
Salsa

Ranch Oyster
Crackers, Juice

Don't forget the holiday program will take place on Saturday, December 6th. See your center for more details.

Dec 8th

Dec 9th

Dec 10th

Dec 11th

Dec 12th

B

Kix, Pineapple

Apple Cinnamon Bread,
Cinnamon Apples

Omelets, Peaches

Pancakes, Pears

Sausage Hashbrown
Casserole, Fruit Mix

L

Chickpea Noodle Soup,
Grilled Cheese
Sandwich, Pineapple

Veggie Corndogs,
Carrots and
Cinnamon Apples

Vegan Turkey Cutlets,
Gravy, Mashed
Potatoes, Peaches

Veggie Meatball
Sub, Corn, Pears

Fettuccini Alfredo,
Broccoli, Fruit Mix

S

Chex Mix, Juice

Gogurt, Club
Crackers

Bananas, Cheerios

Cheese-itz, Juice

Cook's Choice

Please note the following changes are made when needed for Infant and Toddler rooms:
Carrot Stix=Cooked Carrots Trail Mix=No Raisins, Chocolate Chips or Mini Marshmallows
Grapes= Substituted Fruit Popcorn=Puffed Corn Oranges/Pineapple=Non Citrus Fruit
**Foods are also cut into small, bite size pieces before being offered to the students.

Days outlined like this indicate Unit 5 and or District 87 schools will be present for meals.



Dec 19th

Egg and Cheese
Bagel, Fruit Mix

Cheese Pizza, salad
w/dressing, Fruit
Mix

Bel-Vita Biscuits, Milk

Dec 26th

Pancake & Sausage on
a stick, Cinnamon
Apples

Mac & Cheese, Peas, Cinnamon Apples

Tortilla Chips, Salsa



Little Jewels will be
Closed
for the New Year's holiday
Thursday, January 1st

Cheesy Potato and Veggie Sausage Soup, Crackers, Mandarin Oranges

Apple Slices, Cheese Cubes